

HOW CAN WE HELP AT HOME? KS3 & KS4

Strategies to Support Attention & Listening Skills

- Make sure the young person understands what is expected of them e.g. turn taking during family activities
- Explain to the young person exactly what is meant by attending and listening e.g. looking up and making eye contact, not trying to complete another task at the same time
- Provide the young person with a positive replacement behaviour for any behaviours which you are trying to eliminate e.g. acknowledging a young person who is interrupting and informing them of when it will be their turn to speak
- Consider whether the young person is having difficulty understanding what is being said
- Use the young person's name and wait for a response before giving an instruction. The response may be in the form of eye contact or acknowledging verbally that they have heard you. Some young people may not be able to make eye contact in the way you would expect and may struggle to look and listen simultaneously
- Provide visual support if needed and break tasks down into short sections
- Ask the young person to repeat an instruction back to you if you are not sure that they have heard you

If you require any further support or advice please contact via the following email

walsall.slt@nhs.net

In the subject line please state **FAO Virtual School SLCN Support** to ensure your message is actioned by the relevant team.